

# INNER HEALING

The presence of Jesus Christ heals wounds. He is outside and above all time, space, and creation. He is present at all points of time and in all places. All at once.

At the root of most addictions are unhealed wounds of unresolved childhood trauma. When the trauma occurs, it can be so extreme that it actually breaks apart the soul (mind, will, and emotions) of a person. It fragments off from the person's primary psyche and resides hidden causing distress, pain, and often as a hook on which the demonic cling. These dark places need the light of Christ to heal. "The light shines in the darkness, and the darkness has not overcome it." - John 1:5



# “He heals the brokenhearted and binds up their wounds.” -Psalm 147:3.

## 1) Revelation

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Inner healing is a revelation from Holy Spirit, not a hollow ritual. It's the light and presence of the risen living God that drives out the darkness, heals the brokenhearted and binds up their wounds. We can't pray for what we don't have faith for. We get faith by hearing the word of the Lord and believing His truth over lies.

**Pray:** *Lord, please show me your glory and truth. “Search me, O God, and know my heart: try me, and know my thoughts: And see if there be any wicked way in me, and lead me in the way everlasting.” -Psalm 139:23-24*

## 2) Renounce

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Close all doors to the demonic. Repent and renounce all unforgiveness. Forgive everyone and pray a blessing for them.

*“But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too.” -Mark 11:25*

## 3) Recon

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1) Ask the person receiving ministry to share the memory that has caused pain in their life and they feel they can't move past.

2) Have them picture in their mind to the traumatic memory.

3) Have them ask Jesus,

- “Will you please show me where you were when this happened?”
- They will discover that He was right there the whole time.

4) Gently, invite their soul fragment to trust and go with Jesus. You can encourage their soul fragment to take His hand. Often the person will be conscious for this part and can lead their younger selves to Jesus.

5) Often a soul fragment will appear during a deliverance session, even coming to the surface of the person's psyche.

## 3) Recon - Continued

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For example, there was a man in his 40s who started whimpering and when asked how old he was, held up 6 fingers. We asked him where he was, he said he was in his bedroom and it was dark. We asked him if he knew Jesus and he had heard of him, but hadn't met Jesus yet. We asked if we could invite Jesus into the room. He said, the bad man won't let me. We said Jesus is more powerful than the bad man. We invited Jesus Christ into the room in the man's mind and He appeared with brilliant light. We introduced him to Jesus and said it was safe to go with him. After this man's 6 year old self was reintegrated into his main soul, the spirit of Lucifer manifested and was removed. It had been hiding behind a 6 year old.

## 4) Reintegrate

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Pray, “Lord please take the hand of \_\_\_\_\_ and lead them to yourself. Recombine their soul fragment into their main soul. Please restore them to full healing. Seal this work by your Holy Spirit. Amen.”

## 5) Restore

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Pray, “Praise you LORD! We as you Father to have Jesus your Son, baptize this man of God now with His Holy Spirit. Fill up his soul and body completely with your presence.”

Next Steps:

- Get connected to a local church.
- Read the Bible daily.
- Pray continually.

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